

# Volunteer Opportunities

Please contact Susan O'Neil at RSVP for further details

**Habitat for Humanity** – We need your skills and experience! Habitat is gearing up for another home build project and is in need of interested volunteers to serve on their committees. Committees include:

**Family Support** – Select families and offer support during the process;

**Construction** – Plan and manage every phase of the home construction project

**Fund Development** – Organize and lead short term events (pizza nights) to larger-scale fundraising projects (Gala, golf tournament etc)

**Public Relations** – Write press releases and coordinate media events

Approximate time involved is 5- 10 hours per month.

**American Pennies for Hunger** – This organization puts your pennies to work! Their mission provides meals for hungry children and adults and monies collected remain local for neighborhood pantries. They accumulate pennies through penny cans placed in stores and also penny drives at local markets, book clubs, fairs etc. Everyone can help end hunger. Volunteers are needed to sponsor a drive in their neighborhood, club activity or help with organized drives.

**Relay for Life** – American Cancer Society's education, advocacy, patient services and research programs are partly funded by the Relay for Life Program. The Relay for Life is a 21 hour Team Event. Join a Team or start your own (just 8 people needed for a Team) to participate in this years' event held on Friday June 25 and Saturday June 26 at Plymouth South High School. Volunteers can "run/walk" in the events; help with the reception, cheer on the survivors; distribute educational materials. Do it for a lost loved one to cancer- Stand up to Cancer!

**Happy Wednesday Foundation** – Cancer survivors, domestic violence survivors, homeless women and others are invited to participate in this organizations programs. The Foundation offers a retreat for disenfranchised women and their children and an opportunity to rejuvenate and recharge in a serene peaceful setting. Volunteers are invited to share their knowledge and talents in yoga, art, music, knitting, etc. Also needed are handy types willing to commit to a one day project for yard work and simple home projects.

**One Fish, Two Fish, Red Fish, Blue Fish- Herring Counters needed!** Once again it is spring at Jones River Landing in Kingston. Volunteers needed to count herring from a ladder overlooking the dam at Elm Street. Visit their website for more information [Jonesriver.org](http://Jonesriver.org) or e-mail them [fish@jonesriver.org](mailto:fish@jonesriver.org)

**Plymouth Guild for the Arts, "A Different Vision"** – Experience art like never before! The Guild is sponsoring a Tactile Art show offering art that can be enjoyed by the blind and visually impaired as well as the sighted.

Everything will be touchable. Volunteers needed to staff the show greeting visitors and distributing materials. The show runs through June 4. Shifts are 10 am -1pm and 1-4 pm.

**The Bridge Center** – Do you love horses? The Bridge Center located in Bridgewater is a therapeutic riding camp for children and young adults with disabilities. Volunteers needed to assist riding instructors in leading horses and side-walking with children; tacking and untacking horses. A rewarding experience to help others overcome obstacles and develop confidence. Flexible schedule.

**Pilgrims Hope Shelter** – Help needed in the Food Pantry for pick up and organizing. Tuesdays 10am-1pm; Thursdays 8 - 9am; Tuesday & Friday mid-mornings.

**Obesity Prevention Center for Children & Youth** - Project Manager for this organization needs volunteers willing to make phone calls to gear up for the annual Health Fair held in July at D.W. Fields Park in Brockton. The calls can be made from their office in Brockton or from your home. Help stem this growing youth health problem!

**South Shore Women's Center** – Desperately seeking childcare help while mothers are in counseling session. Tuesday evenings at the Women's Center from 5:30 - 7:30pm. Perfect opportunity for children or grandchildren interested in earning community service hours for school?

**Carolina Hill Shelter, Marshfield** – Parents searching for employment and housing, attending education and counseling classes need caring teens or adults to spend time with their children. Plan an activity for them or just play with them. Living in a shelter takes a toll on everyone but most especially the children.

**Pilgrim Hall Museum** – Meet and greet people from all over the world as they visit the extraordinary 17<sup>th</sup> century Pilgrim artifacts and the world-renowned history paintings at the Pilgrim Hall Museum. Reception Volunteers needed on Fridays from 9:30 am - 1:00 pm or 1 - 4:30pm.

June 2010

**GRANT SEEKING WORKSHOP COMING SOON!**

Call now to put your name on the wait-list for our first three part seminar,

**How to Successfully Seek Grants** taught by Jane Ford, CFRE. Call Paula at 508 746-7787 to reserve your place!